



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Thümer, Regine

Club: Alea-Sanitas / Powerteam mit Biss
Number: 1237

Course: 21.10 km

Pummpälz Halbmarathon (NordicWalking)

Total time: 3:01:09

Speed: 6.96 km/h

metres in height up: 351

Course score: 26.27

performance score: 191 Points