



## 6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

### Detailed evaluation

**Schowaneck, Marlis**

Club: Dienstag Walker

Number: 1287

Course: 21.10 km

Pummpälz Halbmarathon (NordicWalking)

Total time: 3:08:23

Speed: 6.69 km/h

metres in height up: 351

Course score: 26.27

performance score: 184 Points