



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Kister, Elke

Club: Alea-Sanitas / Powerteam mit Biss
Number: 1247

Course: 21.10 km

Pummpälz Halbmarathon (NordicWalking)

Total time: 3:08:25

Speed: 6.69 km/h

metres in height up: 351

Course score: 26.27

performance score: 184 Points