



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Menge, Ute

Club: NW Team Luisenthal

Number: 1343

Course: 21.10 km

Pummpälz Halbmarathon (NordicWalking)

Total time: 3:13:36

Speed: 6.51 km/h

metres in height up: 351

Course score: 26.27

performance score: 179 Points