



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Wilhelm, Benjamin

Club: VR-Bank

Number: 1248

Course: 21.10 km

Pummpälz Halbmarathon (NordicWalking)

Total time: 3:42:29

Speed: 5.66 km/h

metres in height up: 351

Course score: 26.27

performance score: 156 Points