



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Muttke, Klaus

Club: SSC Hanau-Rodenbach

Number: 509

Course: 42.20 km

Town&Country Marathon

Category:

Männer M55

Total time: 4:41:32

Speed: 8.95 km/h

Running performance: 6:40 min/km

Rank in course/Total: 6 (of 8)

Rank in course/Men: 6 (of 8)

Best time in course: 3:09:35

Rank in category: 1(of 2)

Best time in the category: 4:41:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wutha	14.60	1:37:26	6:40	1	-	6	29:21	14.60	1:37:26	6:40	1	-	6	29:21
Finish	27.60	3:04:06	6:40	2	9:03	7	1:02:36	42.20	4:41:32	6:40	1	-	6	1:31:57