



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Temmler, Matthias

Club: Treffurt

Number: 203

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Männer M45

Total time: 43:31

Speed: 13.79 km/h

Running performance: 4:21 min/km

Rank in course/Total: 26 (of 96)

Rank in course/Men: 23 (of 62)

Best time in course: 27:44

Rank in category: 4(of 13)

Best time in the category: 37:55