



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Gräf, Thomas

Club: Kaltensundheim

Number: 319

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Männer M45

Total time: 43:43

Speed: 13.72 km/h

Running performance: 4:22 min/km

Rank in course/Total: 29 (of 96)

Rank in course/Men: 26 (of 62)

Best time in course: 27:44

Rank in category: 6(of 13)

Best time in the category: 37:55