



## 6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

### Detailed evaluation

**Rößler, Benjamin**

Club: 1. TSV 1990 Bad Salzungen  
Number: 240

Course: 10.00 km  
Keltenbadlauf (Lauf)

Category:  
Männer M20

Total time: 45:01

Speed: 13.33 km/h  
Running performance: 4:30 min/km

Rank in course/Total: 32 (of 96)

Rank in course/Men: 29 (of 62)

Best time in course: 27:44

Rank in category: 6(of 12)

Best time in the category: 27:44