



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Matthes, Jan

Club: LT Breitung

Number: 196

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Männer M45

Total time: 48:00

Speed: 12.50 km/h

Running performance: 4:48 min/km

Rank in course/Total: 49 (of 96)

Rank in course/Men: 42 (of 62)

Best time in course: 27:44

Rank in category: 9(of 13)

Best time in the category: 37:55