



# 1. Bad Harzburger Bike Marathon

Bad Harzburg / 07.06.2009

## Detailed evaluation

**Arendt, Roland**

Club: RSV 1923 Braunschweig

Number: 522

Course: 85.00 km

Hauptrennen Harzer MTB-Cup - 5 Runden

Category:

Herren

Total time: 5:28:56

Speed: 15.50 km/h

Rank in course/Total: 20 (of 40)

Rank in course/Men: 20 (of 38)

Best time in course: 4:11:26

Rank in category: 13(of 23)

Best time in the category: 4:11:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	39:44	17.52	8	6:34	13	6:34	11.60	39:44	17.52	8	0:41	10	
Lap 2	17.00	1:01:04	16.70	11	12:20	20	12:20	28.60	1:40:48	17.02	8	3:06	10	
Lap 3	17.00	1:06:47	15.27	15	16:33	23	16:33	45.60	2:47:35	16.33	8	8:08	3	
Lap 4	17.00	1:11:11	14.33	13	18:59	21	18:59	62.60	3:58:46	15.73	8	1:29	11	0:51
Lap 5	17.00	1:13:34	13.86	13	21:01	21	21:01	79.60	5:12:20	15.29	7	5:52	10	5:52
Last lap Finish	5.40	16:36	19.52	8	2:03	11	2:03	85.00	5:28:56	15.50	17	2:37:33	29	4:15:20