



4. Walking Day am Möhnesee

Möhnesee-Körbecke / 13.06.2009

Detailed evaluation

Braun, Freia

Club: LG-Bauerkamp Warburg e.V.

Number: 646

Course: 10.00 km

Nordic Walking

Total time: 1:20:24

Speed: 7.46 km/h

metres in height up: 167

Course score: 12.51

performance score: 93 Points