



4. Walking Day am Möhnesee Möhnesee-Körbecke / 13.06.2009

Detailed evaluation

Raffenberg, Michael

Club: TV Gut-Heil 1865 e.V. DO-Aplerbeck
Number: 183

Course: 15.00 km

Walking

Total time: 1:39:28

Speed: 9.05 km/h

metres in height up: 143

Course score: 17.15

performance score: 155 Points