



## 4. Walking Day am Möhnesee

Möhnesee-Körbecke / 13.06.2009

### Detailed evaluation

Wirges, Ilona

Club: Gelsenkirchen

Number: 413

Course: 10.00 km

Nordic Walking

Total time: 1:28:29

Speed: 6.78 km/h

metres in height up: 167

Course score: 12.51

performance score: 85 Points