



## 4. Walking Day am Möhnesee

Möhnesee-Körbecke / 13.06.2009

### Detailed evaluation

**Spendrin, Hans-Joachim**

Club: Symrise Holzminden

Number: 112

Course: 15.00 km

Walking

Total time: 1:45:37

Speed: 8.52 km/h

metres in height up: 143

Course score: 17.15

performance score: 146 Points