



4. Walking Day am Möhnesee Möhnesee-Körbecke / 13.06.2009

Detailed evaluation

Bastert, Frank

Club: LSF-Unna-2000

Number: 150

Course: 15.00 km

Nordic Walking

Total time: 1:48:14

Speed: 8.32 km/h

metres in height up: 143

Course score: 17.15

performance score: 143 Points