



## 4. Walking Day am Möhnesee Möhnesee-Körbecke / 13.06.2009

### Detailed evaluation

Fitz, Helmut

Club: TuS 1910 Niedereimer e.V.  
Number: 106

Course: 15.00 km  
Nordic Walking

Total time: 1:49:33

Speed: 8.22 km/h

metres in height up: 143  
Course score: 17.15

performance score: 141 Points