



## 4. Walking Day am Möhnesee Möhnesee-Körbecke / 13.06.2009

### Detailed evaluation

Frauenrath, Claudia

Club: ASV Duisburg

Number: 110

Course: 15.00 km

Nordic Walking

Total time: 1:50:08

Speed: 8.17 km/h

metres in height up: 143

Course score: 17.15

performance score: 140 Points