



## 4. Walking Day am Möhnensee Möhnensee-Körbecke / 13.06.2009

### Detailed evaluation

Heins, Helga

Club: Stadt Bochum Walking-Team

Number: 213

Course: 15.00 km

Walking

Total time: 1:56:39

Speed: 7.72 km/h

metres in height up: 143

Course score: 17.15

performance score: 132 Points