



## 4. Walking Day am Möhnesee

Möhnesee-Körbecke / 13.06.2009

### Detailed evaluation

**Arlt, Roland**

Club: LG Halver-Schalksmühle

Number: 182

Course: 15.00 km

Nordic Walking

Total time: 1:51:30

Speed: 8.07 km/h

metres in height up: 143

Course score: 17.15

performance score: 138 Points