



## 4. Walking Day am Möhnesee Möhnesee-Körbecke / 13.06.2009

### Detailed evaluation

Kochskämper, Siegfried

Club: Beckum

Number: 102

Course: 15.00 km

Nordic Walking

Total time: 1:53:13

Speed: 7.95 km/h

metres in height up: 143

Course score: 17.15

performance score: 136 Points