



## 4. Walking Day am Möhnesee

Möhnesee-Körbecke / 13.06.2009

### Detailed evaluation

**Marmulla, Christian**

Club: Westfalia Herne

Number: 215

Course: 15.00 km

Nordic Walking

Total time: 1:56:18

Speed: 7.74 km/h

metres in height up: 143

Course score: 17.15

performance score: 133 Points