



## 4. Walking Day am Möhnesee Möhnesee-Körbecke / 13.06.2009

### Detailed evaluation

Verlinden, Hubert

Club: Soest  
Number: 140

Course: 15.00 km  
Nordic Walking

Total time: 1:57:42

Speed: 7.65 km/h

metres in height up: 143  
Course score: 17.15

performance score: 131 Points