



4. Walking Day am Möhnesee Möhnesee-Körbecke / 13.06.2009

Detailed evaluation

Heitmann, Ernst

Club: Hohe Ward Gazellen/TuS-Hiltrup
Number: 152

Course: 15.00 km

Nordic Walking

Total time: 1:57:58

Speed: 7.63 km/h

metres in height up: 143

Course score: 17.15

performance score: 131 Points