



4. Walking Day am Möhnesee Möhnesee-Körbecke / 13.06.2009

Detailed evaluation

Lynker, Michael

Club: LG Halver-Schalksmühle

Number: 178

Course: 15.00 km

Nordic Walking

Total time: 1:58:37

Speed: 7.59 km/h

metres in height up: 143

Course score: 17.15

performance score: 130 Points