



## 4. Walking Day am Möhnesee

Möhnesee-Körbecke / 13.06.2009

### Detailed evaluation

Heckmann, Dagmar

Club: LSF-Unna-2000

Number: 148

Course: 15.00 km

Nordic Walking

Total time: 1:59:23

Speed: 7.54 km/h

metres in height up: 143

Course score: 17.15

performance score: 129 Points