



4. Walking Day am Möhnesee Möhnesee-Körbecke / 13.06.2009

Detailed evaluation

Hölting, Karl-Heinz

Club: Alte Beckumer Stadtwache
Number: 196

Course: 15.00 km

Nordic Walking

Total time: 2:00:39

Speed: 7.46 km/h

metres in height up: 143

Course score: 17.15

performance score: 128 Points