



4. Walking Day am Möhnensee Möhnensee-Körbecke / 13.06.2009

Detailed evaluation

Opalka, Monika

Club: VFL Gladbeck/ FUN WALKER

Number: 281

Course: 15.00 km

Walking

Total time: 2:06:24

Speed: 7.12 km/h

metres in height up: 143

Course score: 17.15

performance score: 122 Points