



4. Walking Day am Möhnesee Möhnesee-Körbecke / 13.06.2009

Detailed evaluation

Hermes, Monika

Club: LT Vlotho

Number: 111

Course: 15.00 km

Nordic Walking

Total time: 2:05:40

Speed: 7.16 km/h

metres in height up: 143

Course score: 17.15

performance score: 123 Points