



4. Walking Day am Möhnesee Möhnesee-Körbecke / 13.06.2009

Detailed evaluation

Spitzenberg, Mechthild

Club: SV Drensteinfurt Laufftreff
Number: 247

Course: 15.00 km

Nordic Walking

Total time: 2:08:35

Speed: 7.00 km/h

metres in height up: 143

Course score: 17.15

performance score: 120 Points