



4. Walking Day am Möhnesee

Möhnesee-Körbecke / 13.06.2009

Detailed evaluation

Vogeler, Rolf

Club: ESCARGOTS Bochum

Number: 15

Course: 15.00 km

Nordic Walking

Total time: 2:10:33

Speed: 6.89 km/h

metres in height up: 143

Course score: 17.15

performance score: 118 Points