



## 4. Walking Day am Möhnesee Möhnesee-Körbecke / 13.06.2009

### Detailed evaluation

Drees, Frank

Club: Koronarsportverein Distel-Walker  
Number: 228

Course: 15.00 km

Nordic Walking

Total time: 2:15:36

Speed: 6.64 km/h

metres in height up: 143

Course score: 17.15

performance score: 114 Points