



## 4. Walking Day am Möhnesee Möhnesee-Körbecke / 13.06.2009

### Detailed evaluation

**Dellmann, Syliva**

Club: Walkingfreunde Neheim  
Number: 220

Course: 15.00 km  
Nordic Walking

Total time: 2:16:20

Speed: 6.60 km/h

metres in height up: 143  
Course score: 17.15

performance score: 113 Points