



## 4. Walking Day am Möhnesee Möhnesee-Körbecke / 13.06.2009

### Detailed evaluation

**Nigbur, Karin**

Club: Koronarsportverein Distel-Walker  
Number: 227

Course: 15.00 km  
Nordic Walking

Total time: 2:17:29

Speed: 6.55 km/h

metres in height up: 143  
Course score: 17.15

performance score: 112 Points