



## 4. Walking Day am Möhnesee

Möhnesee-Körbecke / 13.06.2009

### Detailed evaluation

Grams, Ellen

Club: Welper

Number: 76

Course: 15.00 km

Nordic Walking

Total time: 2:29:33

Speed: 6.02 km/h

metres in height up: 143

Course score: 17.15

performance score: 103 Points