



## 4. Walking Day am Möhnesee

Möhnesee-Körbecke / 13.06.2009

### Detailed evaluation

Ahrendt, Kirstin

Club: Laufteam Gescher  
Number: 1098

Course: 5.00 km  
Nordic Walking

Total time: 43:55

Speed: 6.83 km/h

metres in height up: 42  
Course score: 5.63

performance score: 38 Points