



4. Walking Day am Möhnesee Möhnesee-Körbecke / 13.06.2009

Detailed evaluation

Luhmann, Gerhard

Club: Post Sportverein Unna
Number: 780

Course: 10.00 km

Nordic Walking

Total time: 1:11:18

Speed: 8.42 km/h

metres in height up: 167

Course score: 12.51

performance score: 105 Points