



4. Walking Day am Möhnesee

Möhnesee-Körbecke / 13.06.2009

Detailed evaluation

Pohlkamp, Bernhard

Club: Marathon Soest

Number: 758

Course: 10.00 km

Nordic Walking

Total time: 1:12:32

Speed: 8.27 km/h

metres in height up: 167

Course score: 12.51

performance score: 103 Points