



4. Walking Day am Möhnensee  
Möhnensee-Körbecke / 13.06.2009

Detailed evaluation

Luhmann, Mechthild

Club: Post Sportverein Unna  
Number: 781

Course: 10.00 km

Nordic Walking

Total time: 1:14:27

Speed: 8.06 km/h

metres in height up: 167

Course score: 12.51

performance score: 101 Points