



9. Kirschlauf  
Kleinfahner / 14.06.2009

## Detailed evaluation

**Niodus, Gerald**

Club: Medizin Erfurt  
Number: 525

Course: 4.00 km  
4 km-Lauf

Category:  
Jedermann Männer

Total time: 23:14

Speed: 10.33 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 12 (of 47)

Rank in course/Men: 11 (of 27)

Best time in course: 20:32

Rank in category: 5(of 14)

Best time in the category: 20:32