



9. Kirschlauf
Kleinfahner / 14.06.2009

Detailed evaluation

Adamek, Laura

Club: RS Tonna
Number: 526

Course: 4.00 km
4 km-Lauf

Category:
weibliche Schüler B

Total time: 28:36

Speed: 8.39 km/h
Running performance: 7:09 min/km

Rank in course/Total: 33 (of 47)
Rank in course/Women: 10 (of 20)
Best time in course: 22:20

Rank in category: 6(of 7)
Best time in the category: 26:02