



9. Kirschlauf
Kleinfahner / 14.06.2009

Detailed evaluation

Hellwig, Ines

Club: Frienstedt
Number: 506

Course: 4.00 km
4 km-Lauf

Category:
Jedermann Frauen

Total time: 29:50

Speed: 8.04 km/h
Running performance: 7:28 min/km

Rank in course/Total: 35 (of 47)
Rank in course/Women: 12 (of 20)
Best time in course: 22:20

Rank in category: 4(of 10)
Best time in the category: 23:44