



9. Kirschlauf  
Kleinfahner / 14.06.2009

## Detailed evaluation

Hanisch, Michelle

Club: SWE Laufteam  
Number: 515

Course: 4.00 km  
4 km-Lauf

Category:  
Jedermann Frauen

Total time: 34:19

Speed: 6.99 km/h  
Running performance: 8:35 min/km

Rank in course/Total: 43 (of 47)  
Rank in course/Women: 17 (of 20)  
Best time in course: 22:20

Rank in category: 7(of 10)  
Best time in the category: 23:44