



9. Kirschlauf
Kleinfahner / 14.06.2009

Detailed evaluation

Holzfuß, Heidrun

Club: Erfurt
Number: 504

Course: 4.00 km
4 km-Lauf

Category:
Jedermann Frauen

Total time: 34:47

Speed: 6.90 km/h
Running performance: 8:42 min/km

Rank in course/Total: 46 (of 47)
Rank in course/Women: 19 (of 20)
Best time in course: 22:20

Rank in category: 9(of 10)
Best time in the category: 23:44