



9. Kirschlauf  
Kleinfahner / 14.06.2009

## Detailed evaluation

**Protze, Regina**

Club: Frauenwald  
Number: 520

Course: 4.00 km  
4 km-Lauf

Category:  
Jedermann Frauen

Total time: 36:56

Speed: 6.50 km/h  
Running performance: 9:14 min/km

Rank in course/Total: 47 (of 47)  
Rank in course/Women: 20 (of 20)  
Best time in course: 22:20

Rank in category: 10(of 10)  
Best time in the category: 23:44