



9. Kirschlauf
Kleinfahner / 14.06.2009

Detailed evaluation

Meister, Frank

Club: Lauffreunde Gotha
Number: 112

Course: 14.00 km
Hauptlauf

Category:
Männer M45

Total time: 58:36

Speed: 14.33 km/h
Running performance: 4:11 min/km

Rank in course/Total: 13 (of 270)

Rank in course/Men: 13 (of 210)

Best time in course: 50:35

Rank in category: 2(of 52)

Best time in the category: 55:26