



9. Kirschlauf  
Kleinfahner / 14.06.2009

## Detailed evaluation

Ernst, Hempel

Club: Saalfelder LV  
Number: 284

Course: 14.00 km  
Hauptlauf

Category:  
Männer M60

Total time: 58:49

Speed: 14.28 km/h  
Running performance: 4:12 min/km

Rank in course/Total: 14 (of 270)

Rank in course/Men: 14 (of 210)

Best time in course: 50:35

Rank in category: 1(of 10)

Best time in the category: 58:49