



9. Kirschlauf
Kleinfahner / 14.06.2009

Detailed evaluation

Löppen, Reinhard

Club: SV Emsetal
Number: 185

Course: 14.00 km
Hauptlauf

Category:
Männer M45

Total time: 59:16

Speed: 14.17 km/h
Running performance: 4:14 min/km

Rank in course/Total: 19 (of 270)

Rank in course/Men: 19 (of 210)

Best time in course: 50:35

Rank in category: 4(of 52)

Best time in the category: 55:26