



9. Kirschlauf
Kleinfahner / 14.06.2009

Detailed evaluation

Thomas, Frank

Club: SV Cursdorf-Meuselbach
Number: 22

Course: 14.00 km
Hauptlauf

Category:
Männer M45

Total time: 1:08:24

Speed: 12.28 km/h
Running performance: 4:53 min/km

Rank in course/Total: 50 (of 270)

Rank in course/Men: 48 (of 210)

Best time in course: 50:35

Rank in category: 10(of 52)

Best time in the category: 55:26