



9. Kirschlauf
Kleinfahrer / 14.06.2009

Detailed evaluation

Schirwinski, Frank

Club: LTV Erfurt
Number: 236

Course: 14.00 km
Hauptlauf

Category:
Männer M45

Total time: 1:11:16

Speed: 11.79 km/h
Running performance: 5:05 min/km

Rank in course/Total: 66 (of 270)

Rank in course/Men: 63 (of 210)

Best time in course: 50:35

Rank in category: 14(of 52)

Best time in the category: 55:26